



# BUENA PARK HIGH SCHOOL

8833 ACADEMY DRIVE BUENA PARK, CALIFORNIA 90621 (714) 992-8600

George J. Giokaris, Ed.D.  
Superintendent

Sherine Smith  
Interim Principal

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To Whom It May Concern:

It is my great pleasure to write this letter of recommendation for Education for Successful Parenting's program, "Healthy Foundations for Future Families," for high school classes. This program has helped to create a student population that understands the importance of family and how much responsibility parents have in the family unit. I have been a teacher for over 17 years in a low socio economic high school in Buena Park, CA. and have seen first hand how this program has helped so many kids make good decisions about school, their personal lives, and preparing the next generation for life in general.

The ESP program has come to our summer school health classes for the past two years and instructed over 500 teens. Every student walks away feeling more complete as an individual than before they took the class. Some of the comments were "I learned how to support my family," and "I learned it is good to have a healthy family." The biggest comments were around the subject of how lives change when there is a child in the picture and how important it is to wait to have a child because we are children ourselves. These comments alone make the program so very important for all high school students to go through because so many high school students do not express their true feelings to their families. With so many children coming from fragile families, ESP can help to create stronger families in the future.

The Buena Park High School campus is very fortunate to have had the presentations of the ESP program throughout the past two summer sessions. Students still talk to me about the experience and how they have benefited in their everyday lives. I would strongly recommend this program to any high school that has the opportunity to enhance their students' lives.

Sincerely,

Suzan W. Guba  
Teacher, ASB Advisor and Assistant Athletic Director  
Buena Park High School