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To Whom It May Concern:

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I am writing this letter on behalf of Ms. Randi Rubenstein and Education for Successful Parenting (ESP). It is my extreme privilege to endorse her and the wonderful things ESP has brought to the community.

I have had the pleasure of having ESP's family health workshops conducted in my classroom for the past 5 years. Not only has Ms. Rubenstein presented the topic of parenting and child development in my class, but we have also met numerous times in order to create a school-friendly program that could work at all high schools. The value of this topic coupled with the concern to empower student with factual knowledge on "family" has created a tremendously valuable program for all health classes.

ESP's instructional design is student-driven and allows the class to be interactive and participate in activities such as goal setting and decision-making. Ms. Rubenstein has created a well-organized and intelligent workbook as an addendum to the lectures and PowerPoint presentation. The presentations are warmly accepted and genuine in their message. Students feel the program is effective and it makes them think about future actions and their potential consequences.

In closing, I believe ESP offers a great program. Throughout the years, ESP's programs have been conducted with consistent passion and connection with the students, exemplifying a powerful commitment to their cause to create healthier beginnings for children and families. They offer vast knowledge on the topics of parenting, family, and healthy child development. With diminishing budgets and tremendous cuts to services, I strongly believe that Ms. Rubenstein and ESP are worth their weight in gold. It is my hope that they will continue and expand their outreach to empower young men and women.

Sincerely,

Michael Bargas
Health Instructor
Head Football Coach