



## Education for Successful Parenting

(949) 646-6016

[www.eduparents.org](http://www.eduparents.org)

Raleigh, NC

2012  
Millbrook

### “Healthy Foundations for Future Families”

## Student Evaluations

Millbrook High School in Raleigh, NC – A public high school

March 8, 2012 and March 13-14, 2012

Instruction: Approx. 210 total students; 6 class/groups, 3 hours of instruction each (2 meetings of 90 min.)

Attendee demographics:

Ages 1% - 13yo 34% -14yo 55% - 15yo 8% - 16yo 3% -17yo

Gender: 55% Male 45% Female

Race/Ethnicity: 7% Hispanic 54% White 20% African American

2% Asian 13% Mixed Race 3% Other

This report summarizes evaluations from 178 students who completed the evaluation form

#### As a result of the course, I think I will be better able to

	Disagree	No Effect	Agree
<b>Wait to conceive</b> a child until I'm ready for this responsibility *	2%	6%	92%
<b>Consider a partner's ability</b> to be a good parent, before we conceive a child	1%	3%	96%
<b>Provide for, protect, and nurture</b> my child	1%	3%	96%
<b>Avoid or address major threats</b> to healthy parenting (poverty, mental health, substance abuse)*	1%	3%	96%
<b>Enable my child</b> to fulfill his potential and his dreams*	1%	3%	96%
<b>Form a healthy family</b>	0%	3%	97%

#### Student Comments (highlights)

What I **liked** about the course ....

- “The indepth information about how my life affects my child's life.” Male (15)
- “It made me really think about my future plan.” Female (15)
- “It helped me understand more about pregnancies and healthy ways to have a baby.” Male (14)
- “The way it broke down each aspect of parenting.” Male (15)
- “It taught a lot about the importance of parenting a child.” Male (15)
- “The interactions as well as the visual aid and the fun workbook.” Male (16)
- “It gave me a glimpse of all the things I don't want to do at 15 years old.” Male (15)
- “It helped me understand that abstinence is important because you never know what can happen.” Female (15)
- “Learning and realizing what parents go through.” Female (15)
- “I thought it was a good warning about the dangers of accidental pregnancies.” Male (15)
- “That I learned about how I can prepare myself in the future if I wanted a child/family.” Female (15)

### What I **learned** from the course ...

- “How to take care of my future family the correct and mature way.” Female (14)
- “It takes a lot of time and dedication to raise a child.” Female (17)
- “You should be truly ready before you become a parent because there are a lot of responsibilities.” Female (14)
- “That you should completely wait until you’re ready to have a child.” Male (14)
- “The importance of responsibility.” Male (17)
- “Taking care of children is a huge responsibility.” Female (15)
- “To have a happy child you have to fill their needs.” Male (15)
- “How having a child can affect your future.” Female (15)
- “That it is important to be fully prepared when planning for a child.” Male (15)
- “I learned how to have a healthier family and do the right thing for my child.” Male (16)
- “A lot about waiting to conceive and the many things that factor into being a parent.” Female (14)
- “Ways to discipline children without hurting them and ways to calm down a crying baby.” Male (14)
- “I learned that I don’t have to yell or beat my child for them to listen.” Female (15)

### The topics I **want to learn more** about ...

- “How to control my anger.” (2 students)
- “How to care for special needs children.” (3 students)
- “Jobs that will support a family.” Female (14)
- “Achieving life goals.” Male (14)
- “Adolescent development.” Male (14)
- “How to kindly discipline a child.” Male (15)
- “I want to learn more about how to do things in the right order to get a perfect setup to start a family.” Male (16)

### Would you recommend this course for other students?\*

Yes – 75% Probably – 24% No - 1%

### Why would you recommend it?

- “Because it’s good information that will help them learn how to be a good parent.” Female (17)
- “Gives you an understanding about your future family.” Female (15)
- “It helps you make healthier choices.” Male (15)
- “It will teach them to wait until they are responsible enough to have a kid.” Female (15)
- “Because it makes you think about what you want to do.” Female (15)
- “Gives people insight on what’s ahead.” Female (14)
- “It would help them see a more real view of what having a kid means.” Female (17)
- “It’s very useful; it makes you think about your decisions.” Male (15)
- “Because it helps you become prepared for the near future.” Female (15)
- “Because teens have no parenting skills.” Male (16)
- “Because it will help people think about sex and its effects and consequences.” Female (14)
- “It is a good way to prevent teen pregnancy.” Female (15)
- “Because it shows many things people do not consider when having a child.” Male (15)
- “It teaches you about babies and helps you decide if you’re ready or not.” Male (14)

### \* Do you have a child?

3% Yes      96% No      1% Not Sure