



May 8, 2006

CELEBRATING 25 YEARS OF HELPING OVER 62,000 KIDS SOAR

To Whom It May Concern:

Randi Rubenstein and her organization "Educating Successful Parents" (ESP) have provided a number of workshops for the Independent Living Program of the Orangewood Children's Foundation since November 2005. As the ILP program coordinator, I would like to offer my highest recommendation for their curriculum development and training.

Orangewood Children's Foundation is a leader in providing programs and services for Orange County's abused, abandoned and neglected children, as well as at-risk families. The Independent Living Program (ILP) provides workshops, special education events, and support services to foster teens, ages 16-21, to prepare them for release from the dependency system. Each month's workshops focus on learning critical life skills in areas of: education, career, relationships, and daily living. We invite in community members to help us conduct these workshops.

As the ILP Program Coordinator since 2005, I have had an opportunity to work with dozens of community program speakers and trainers. ESP offered the OCF ILP program unique workshops in the areas of parenting skills, relationships, and breaking the inter-generational cycle of child abuse. I helped schedule their workshops, reviewed their material in advance, developed the student pre-/post-tests and follow-on activities, was an onsite coordinator during the workshop, and reviewed the student evaluations.

Compared to other workshop presenters, I would say that the ESP presentations were among the best we have ever had.

- The material was professionally presented, organized, and well-crafted.
- The key points of their workshops were right on target for our population.
- The curriculum was interactive and encouraged audience participation.
- The trainers were personable, dynamic, and very effective in communicating with our youth.
- Based on pre- and post-test results, the application of information in small-group activities, and informal discussions, the youth clearly demonstrated increased knowledge as a direct result of the ESP presentations in areas that will be vital for future life success.

I highly recommend Randi Rubenstein and her colleagues at ESP for any course development, training projects, and presentations.

If you have any additional questions, please do not hesitate to contact me.

Sincerely,

Erika Medina
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