



“Healthy Foundations for Future Families”

Student Evaluations

Millbrook High School in Raleigh, NC – A public high school

April 3 – April 6, 2017 – Host Teacher: Julee Dickens

Instruction: Approx. 190 total students. ESP conducted 6 presentations, with 30-35 students per class.
Instruction time: 3 hours. Program conducted in classrooms.

This report summarizes evaluation comments from 155 students.

Attendee demographics:

Ages:	14yo - <u>37%</u>	15yo - <u>55%</u>	16yo - <u>5%</u>	17yo - <u>3%</u>	18yo – <u>0%</u>
Gender:	Male <u>48%</u>	Female <u>52%</u>			
Race/Ethnicity:	White <u>49%</u>	Hispanic <u>16%</u>	African American <u>19%</u>		
	Asian <u>1%</u>	Multi-Race <u>14%</u>	Other <u>1%</u>		
Pregnant or Parenting?	No <u>95%</u>	Yes <u>4%*</u>	Not Sure <u>1%*</u>		

As a result of the course, I think I will be better able to

	Disagree	No Effect	Agree
Wait to conceive a child until I'm ready for this responsibility	0%	5%	95%
Consider a partner's ability to be a good parent, before we conceive a child	0%	3%	97%
Provide for, protect, and nurture my child	0%	1%	99%
Avoid or address major threats to healthy parenting (poverty, mental health, substance abuse)	1%	2%	98%
Enable my child to fulfill his potential and his dreams	0%	1%	99%

Student Comments (highlights)

What I **liked** about the course

- “It was very eye-opening about real life issues and showed me many different options”
- “I like the fact that I got to see how expensive it would be to take care of a child” Female (15)
- “Learning ways to form a successful life journey” Female (14)
- “I liked the organization and booklet” Male (15)
- “The directors were very kind and educated” Female (14)
- “Covered the topics of what to do if you ever have a baby or want to adopt” Female (15)
- “I liked how we talked about our future. It made me excited at all the opportunities I have in store for me” Female (14)

* 5 students report being pregnant or already have a child - 1 male (15), 4 females (2 – 14yo, 2 - 15yo).
2 students are unsure whether their partner is pregnant – 2 males (15, 16)

What I **learned** from the course ...

- “There are so many different aspects and factors to consider when you are thinking of having a child. For example, putting the ‘Hierarchy of Needs’ to work. That is a good start.” Female (15)
- “I learned so much more about parenting than I knew existed” Male (15)
- “Children have needs and look to you for everything” Female (14)
- “Always take care of baby first” Male (15)
- “Hitting teaches hitting” Female (15)
- “Shaken baby syndrome – What it is, how dangerous it is and how to prevent it” Female (14)
- “Don’t have a child just so it can have your features, you still have to take care of it” Male (14)
- “That parents are SUPER important to their child’s life” Male (15)

What I **will do differently** after taking the course...

- “I will begin to think more realistically and be more caring towards others” Female (15)
- “Appreciate my parents more because I realized they have so much to do in order to provide my needs and wants” Female (14)
- “Make the right decision of when I want to have a child and who I want that child with” Female (14)
- “I will try to make better educated decisions” Male (16)
- “Use the techniques provided in the book for my future child and family” Female (14)
- “I will look more at how my decisions will affect my future” Female (14)
- “Find a partner that will care about a child” Male (15)
- “Pay attention to my parents more so I can learn from them” Female (14)

The topics I **want to learn more** about ...

- “Child psychology” Male (14)
- “How to help a child in an unsafe environment” Female (15)
- “How to have a healthy family when your parents are divorced” Female (14)
- “How to be a better partner” Male (15), “How to use money wisely” Male (15)
- “I want to learn more about careers for my future” Female (14)
- “Nutrition for children” Male (15)

Would you recommend this course for other students?

Yes – 89% Probably – 10% No - 1%

Why would you recommend it?

- “It teaches you how to care for a child and how you need to prepare yourself” Female (14)
- “It provides great information on how to help yourself be the best person you can possibly be” Female (15)
- “Because I want each teen to feel positive about everything” Male (15)
- “It’s information everyone needs to know, everyone will be around a child at some point” Female (14)
- “It can help eliminate a lot of mistakes a teen could make” Female (15)
- “It was very enlightening in terms of the realness of parenting and how expensive providing for someone is” Female (15)
- “Because this gave me more information that I already learned but expanded on it” Male (15)
- “They teach important skills to prevent accidents” Female (15)
- “Because we learned things that no teen would think about until the time comes, and then it’s too late” Female (14)
- “Because it will help you become a better parent” Male (15)
- “It’s not a topic that comes up often” Female (14)
- “So they can learn the responsibility of caring for and raising a child and also creating a healthy family” Female (14)
- “I learned so much and it’s a great chance for other teens to get early information too” Female
- “You’ll learn things that you’ll actually use in the future” Male (14)