“Healthy Foundations for Future Families”

Student Evaluations
Millbrook High School in Raleigh, NC – A public high school
April 3 – April 6, 2017 – Host Teacher: Julee Dickens

Instruction: Approx. 190 total students. ESP conducted 6 presentations, with 30-35 students per class. Instruction time: 3 hours. Program conducted in classrooms.

This report summarizes evaluation comments from 155 students.

Attendee demographics:
Ages: 14yo - 37%  15yo - 55%  16yo - 5%  17yo - 3%  18yo – 0%
Gender: Male 48%  Female 52%
Race/Ethnicity: White 49%  Hispanic 16%  African American 19%
Asian 1%  Multi-Race 14%  Other 1%
Pregnant or Parenting? No 95%  Yes 4%*  Not Sure 1% *

As a result of the course, I think I will be better able to

<table>
<thead>
<tr>
<th>Disagree</th>
<th>No Effect</th>
<th>Agree</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wait to conceive a child until I’m ready for this responsibility</td>
<td>0%</td>
<td>5%</td>
</tr>
<tr>
<td>Consider a partner’s ability to be a good parent, before we conceive a child</td>
<td>0%</td>
<td>3%</td>
</tr>
<tr>
<td>Provide for, protect, and nurture my child</td>
<td>0%</td>
<td>1%</td>
</tr>
<tr>
<td>Avoid or address major threats to healthy parenting (poverty, mental health, substance abuse)</td>
<td>1%</td>
<td>2%</td>
</tr>
<tr>
<td>Enable my child to fulfill his potential and his dreams</td>
<td>0%</td>
<td>1%</td>
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</tbody>
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Student Comments (highlights)

What I liked about the course ….

- “It was very eye-opening about real life issues and showed me many different options”
- “I like the fact that I got to see how expensive it would be to take care of a child” Female (15)
- “Learning ways to form a successful life journey” Female (14)
- “I liked the organization and booklet” Male (15)
- “The directors were very kind and educated” Female (14)
- “Covered the topics of what to do if you ever have a baby or want to adopt” Female (15)
- “I liked how we talked about our future. It made me excited at all the opportunities I have in store for me” Female (14)

* 5 students report being pregnant or already have a child - 1 male (15), 4 females (2 – 14yo, 2 - 15yo).
2 students are unsure whether their partner is pregnant – 2 males (15, 16)
What I **learned** from the course …

- “There are so many different aspects and factors to consider when you are thinking of having a child. For example, putting the ‘Hierarchy of Needs’ to work. That is a good start.” Female (15)
- “I learned so much more about parenting than I knew existed” Male (15)
- “Children have needs and look to you for everything” Female (14)
- “Always take care of baby first” Male (15)
- “Hitting teaches hitting” Female (15)
- “Shaken baby syndrome – What it is, how dangerous it is and how to prevent it” Female (14)
- “Don’t have a child just so it can have your features, you still have to take care of it” Male (14)
- “That parents are SUPER important to their child’s life” Male (15)

What I **will do differently** after taking the course…

- “I will begin to think more realistically and be more caring towards others” Female (15)
- “Appreciate my parents more because I realized they have so much to do in order to provide my needs and wants” Female (14)
- “Make the right decision of when I want to have a child and who I want that child with” Female (14)
- “I will try to make better educated decisions” Male (16)
- “Use the techniques provided in the book for my future child and family” Female (14)
- “I will look more at how my decisions will affect my future” Female (14)
- “Find a partner that will care about a child” Male (15)
- “Pay attention to my parents more so I can learn from them” Female (14)

The topics I **want to learn more** about …

- “Child psychology” Male (14)
- “How to help a child in an unsafe environment” Female (15)
- “How to have a healthy family when your parents are divorced” Female (14)
- “How to be a better partner” Male (15), “How to use money wisely” Male (15)
- “I want to learn more about careers for my future” Female (14)
- “Nutrition for children” Male (15)

**Would you recommend this course for other students?**

| Yes – 89% | Probably – 10% | No - 1% |

**Why would you recommend it?**

- “It teaches you how to care for a child and how you need to prepare yourself” Female (14)
- “It provides great information on how to help yourself be the best person you can possibly be” Female (15)
- “Because I want each teen to feel positive about everything” Male (15)
- “It’s information everyone needs to know, everyone will be around a child at some point” Female (14)
- “It can help eliminate a lot of mistakes a teen could make” Female (15)
- “It was very enlightening in terms of the realness of parenting and how expensive providing for someone is” Female (15)
- “Because this gave me more information that I already learned but expanded on it” Male (15)
- “They teach important skills to prevent accidents” Female (15)
- “Because we learned things that no teen would think about until the time comes, and then it’s too late” Female (14)
- “Because it will help you become a better parent” Male (15)
- “It’s not a topic that comes up often” Female (14)
- “So they can learn the responsibility of caring for and raising a child and also creating a healthy family” Female (14)
- “I learned so much and it’s a great chance for other teens to get early information too” Female
- “You’ll learn things that you’ll actually use in the future” Male (14)