## MILLBROOK HIGH SCHOOL Dana King, Principal



2201 Spring Forest Road Raleigh, North Carolina 27615

> PHONE: 919.850-8787 FAX: 919.850-8803

SCHOOL WEBSITE: WWW.WCPSS.NET/MILLBROOKHS

Testimonial Letter: ETP

September, 2019

From: Julee S. Dickens

Millbrook HS has had the pleasure of having "Educate Tomorrow's Parents" (ETP) to speak to our incoming freshmen since 2011. This organization has grown in the level of importance it has on our students. In a world that is inundated with technology, social media and pressures beyond what they were 2 or 3 decades ago, our students must be aware of the consequences of poor decision making. They must realize the significance of making good choices that can impact their future and change the course of their life.

ETP helps to fill that gap in teaching the NC Standards for Healthful Living by making information they receive in the classroom easy to navigate, understandable and valuable through practical application. Through interesting and interactive discussions, video clips and a workbook, students receive information that is "hands on" and "lifelong" on topics like financial planning, parenting responsibilities and the importance of good relationships. The tone in teaching is respectful and non-judgmental. The students feel safe to share their feelings and to ask questions they might not want to ask others. The expense of the workbook is well spent since some students love responding verbally but others tend to respond much better in written form then sharing out loud. Many of our introspective students will avidly share their thoughts and feelings on paper. The use of the discussion guide and workbook, after the sessions, continue to be useful to all of our students.

We highly endorse ETP and realize the importance of the message they bring to our ever changing teens and world.

Julee S. Dickens

Millbrook HS Dept. Chair

idickens@wcpss.net