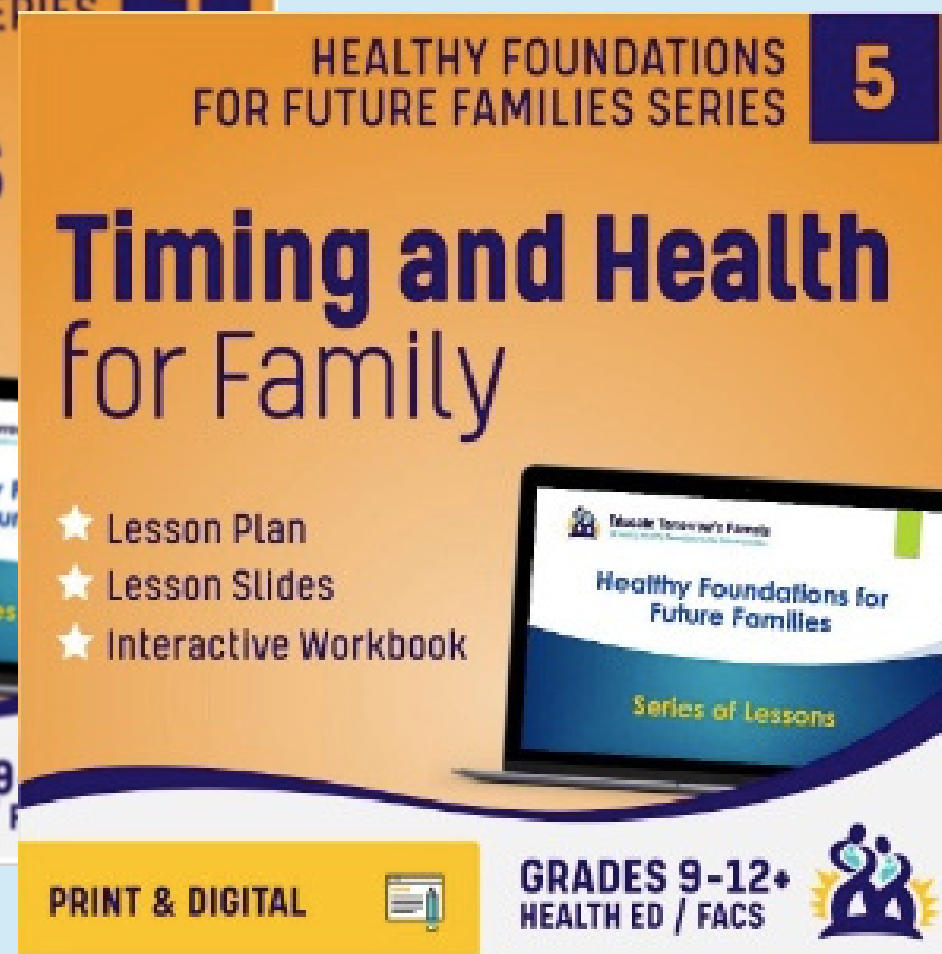
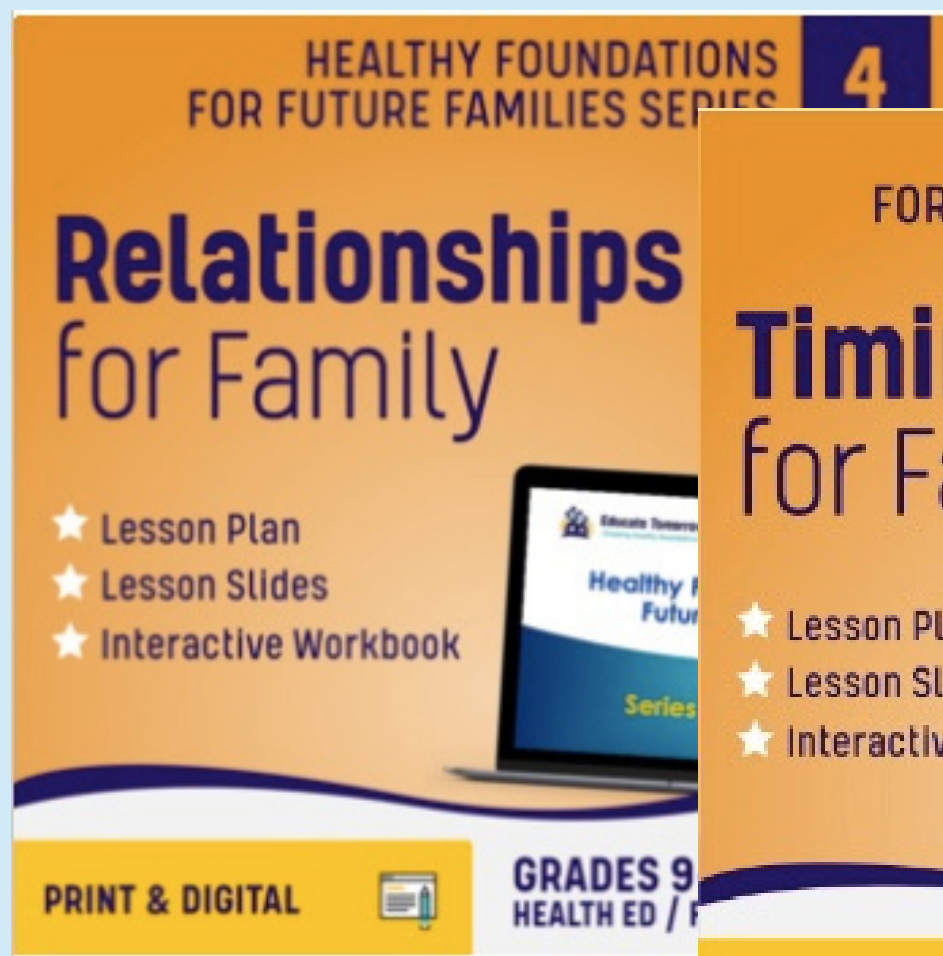
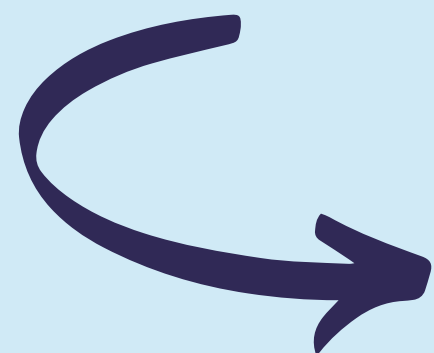
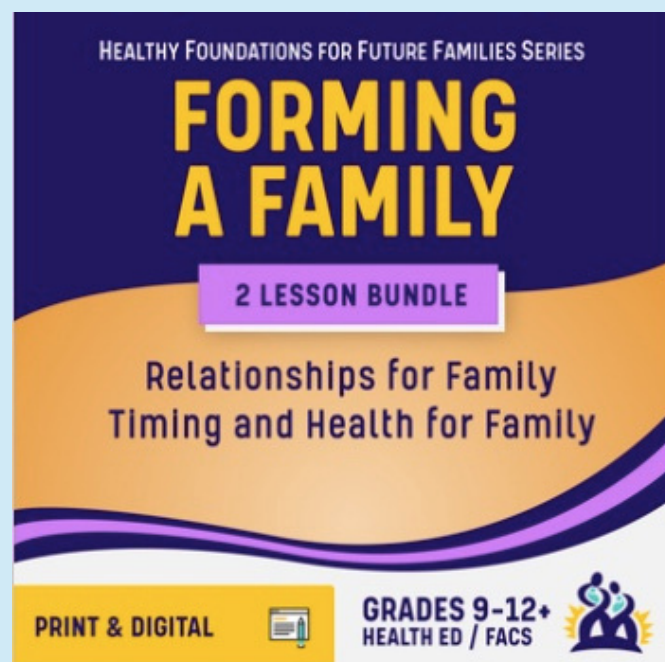
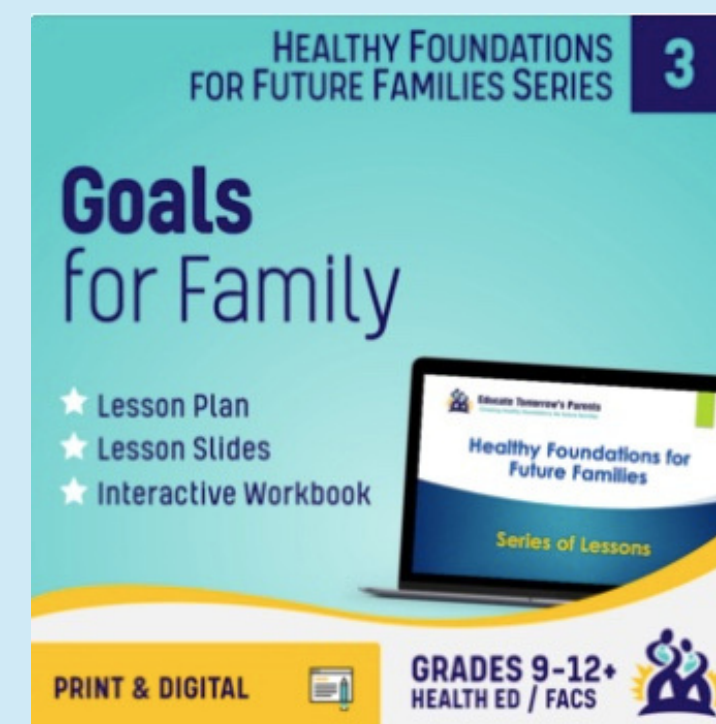




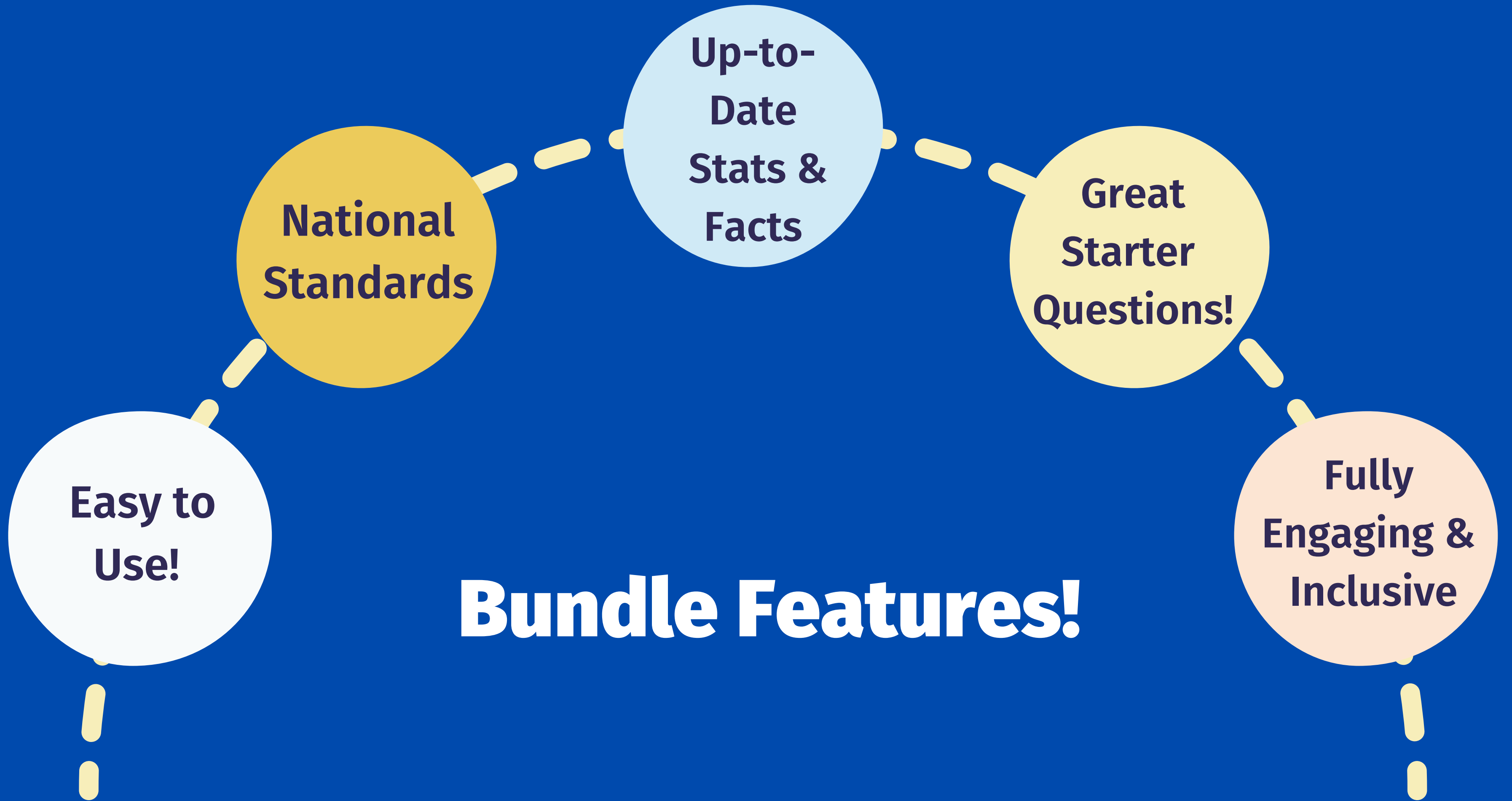
Forming a Family Lesson Bundle

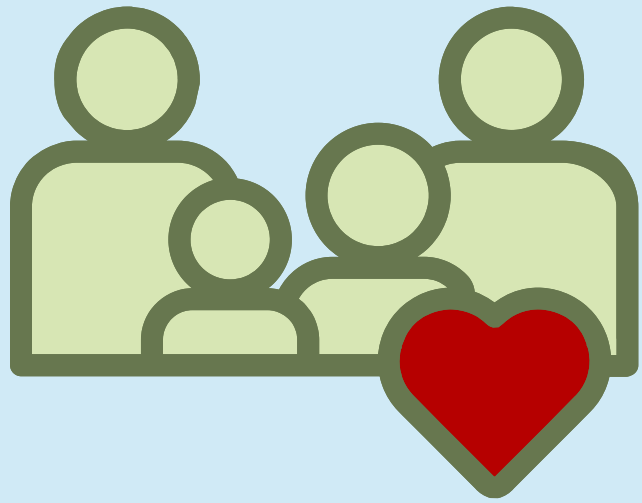


+ Bonus



Bundle Features!





Topics Covered

**Family
Goals**

**Perils of
Teen Parenting**

**Single
Parenting**

**Partner
Communication**

**Healthy
Relationships**

**Risks of Alcohol,
Drugs, &
Tobacco**

**Impact of
Fathers**

**Preconception &
Prenatal Health**

Lesson Materials

The image shows a stack of five documents related to Lesson 5: Timing and Health for Family. From top to bottom, they are:

- Instructor Guide:** Titled "Lesson 5 Timing and Health for Family", it includes a mission statement from Educate Tomorrow's Parents (ETP) and a section for "Curriculum Correlation with National Education Standards".
- National Standards:** A document titled "Lesson 5 Curriculum Correlation with" showing how the lesson aligns with national standards.
- Lesson Plans:** A document titled "Lesson 5 Timing and Health – Lesson Plan" with an "Overview" section and a "Review – What you already know" section.
- Student Workbooks:** A document titled "Lesson 5 Timing & Health for Family - Workbook" with a section for "My hopes about the timing of having a child" and a writing area.
- Slides:** A slide titled "MLP Workbook – Lesson 5 Timing and Health 5b. Health" with a page number of 48. It includes a text prompt: "Imagine the joy of meeting your child for the very first time! In your workbook, jot down or doodle some of your thoughts and visions about welcoming your baby's arrival into the world." Below this is a writing area with an example from a teen's workbook: "Happy, Healthy, Prepared" with a smiley face.

← Instructor Guide

← National Standards

← Lesson Plans

← Student Workbooks

← Slides

Easy to Use!

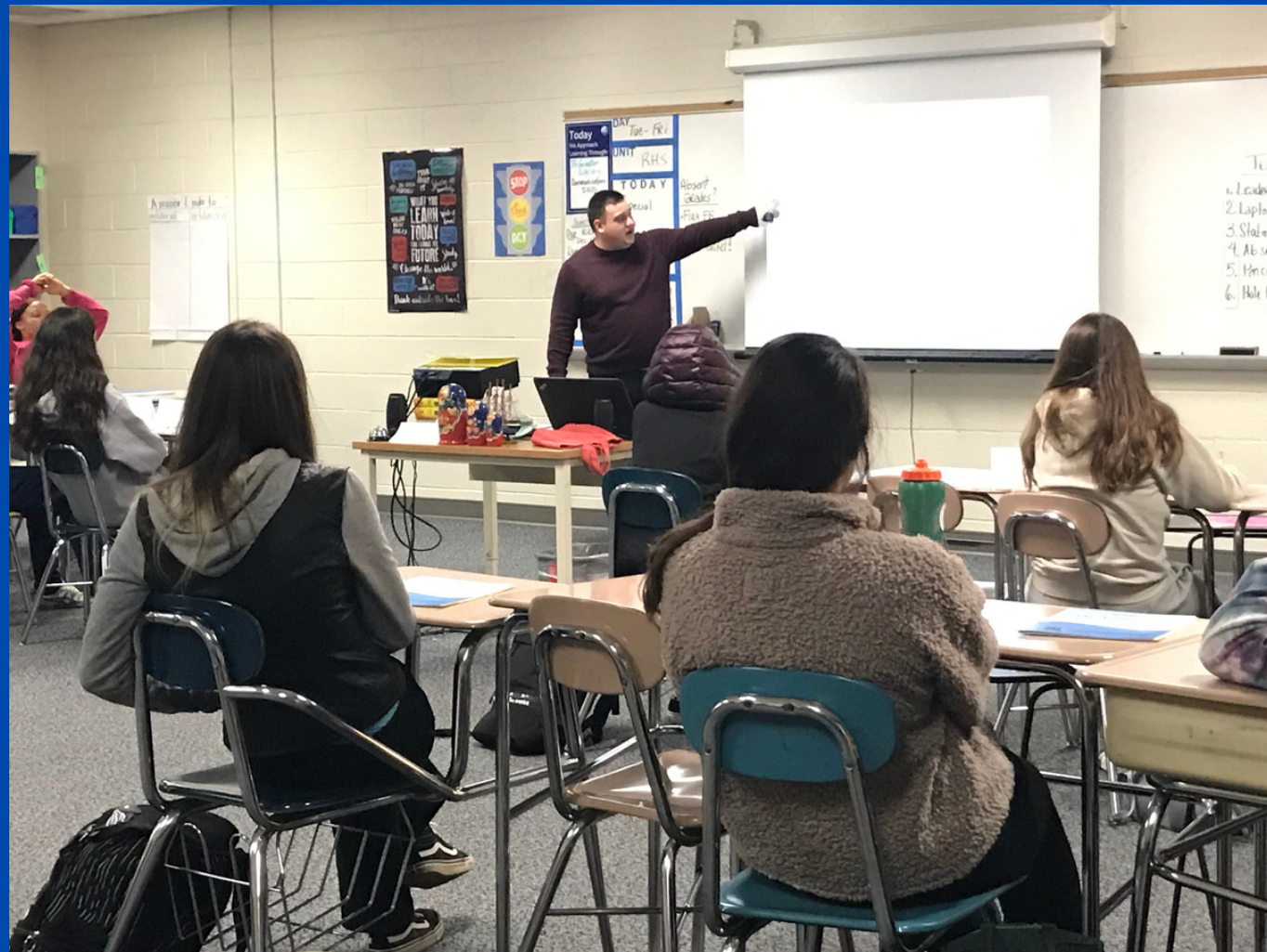
The Instructor Guide makes it so easy with these items:

Teaching Tips

Expansion Topics

Presentation Notes

Classroom Activities



★ National Standards ★

Health Education & Family Consumer Science

Meets dozens of Standards!

Example - Standard 6: Students will demonstrate the ability to use goal-setting skills to enhance health.

Lesson 5 **Timing & Health for Family** - Workbook

b. Health

To create a healthy beginning for my child, my plan will include these steps. *(Check all that apply.)*

My plan includes

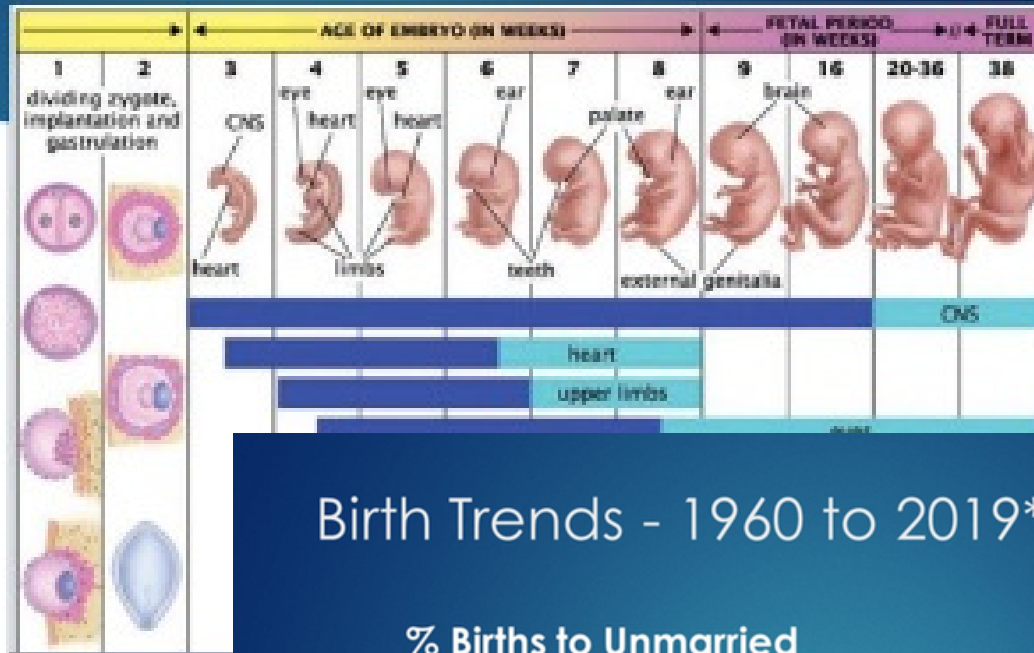
	Before my partner and I conceive a child
<input type="checkbox"/>	My partner and I will visit a health professional, so we can learn about fertility, nutrition, preventing birth defects, and how to have a healthy pregnancy right from the start.
<input type="checkbox"/>	I will address any addictions (e.g., alcohol, drugs) because they can affect early fetal development even before we know we are pregnant.

Up-to-date Stats & Facts!

Prenatal Development

37

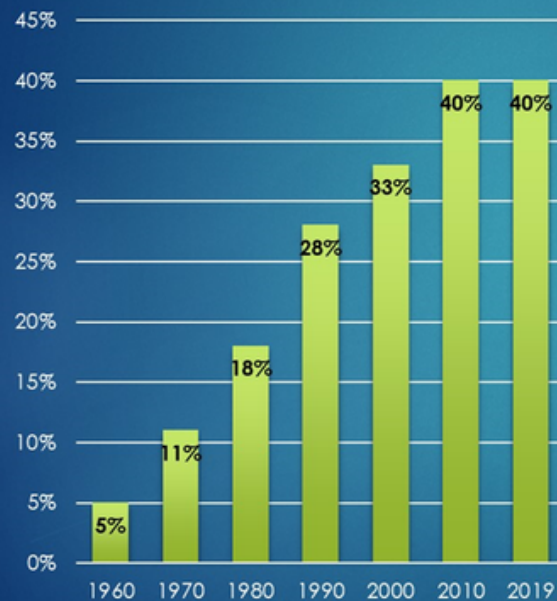
It is during the early stages that an embryo is most susceptible to harm from tobacco, alcohol, x-rays, drugs, infection, and nutritional deficiencies.



Birth Trends - 1960 to 2019*

30

% Births to Unmarried Women



In the 1960s, only 5% of babies were born to unmarried women. If there was an unplanned pregnancy, the couple was expected to marry.

Today, 40% of babies are born to unmarried women - that's over 1 out of 3 babies arriving in the maternity ward today.

* Most recent data available

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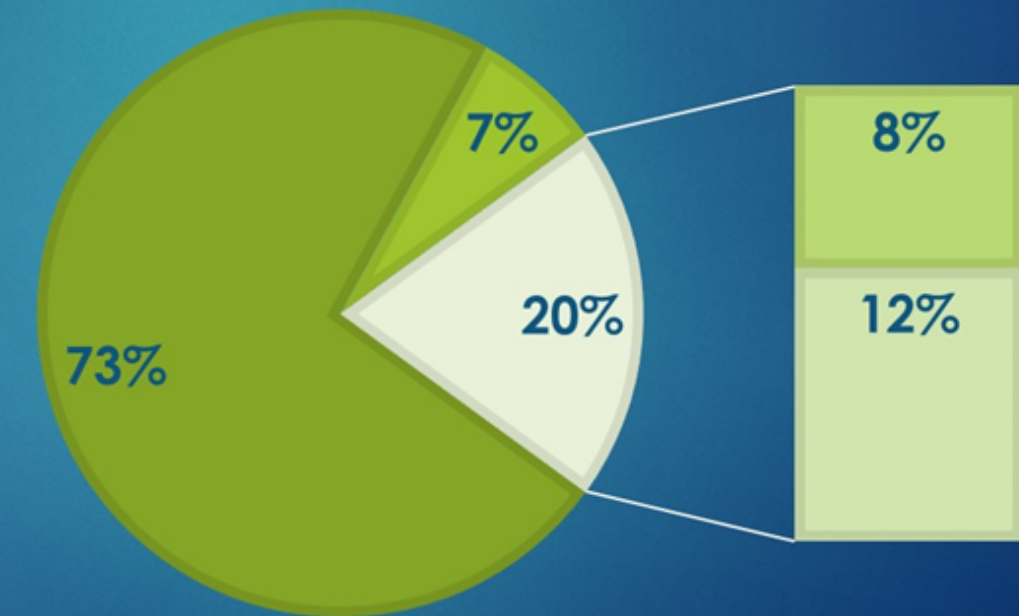
Answer

25

12% - or 1 in 8 fathers - do not live with any of their children and

FATHERS OF CHILDREN 0-18 YRS OLD

- Live with all their kids (0-18)
- Live with some of their kids
- Single Dads - at least monthly contact with kids
- Absent Dads - no monthly contact**



Is there a correlation between fathers who are absent and children who are in the foster care system?

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Great Discussion Questions and Activities!

Example

MLP Workbook – Lesson 5 Timing and Health
5b. Health

48

Imagine the joy of meeting your child for the very first time!

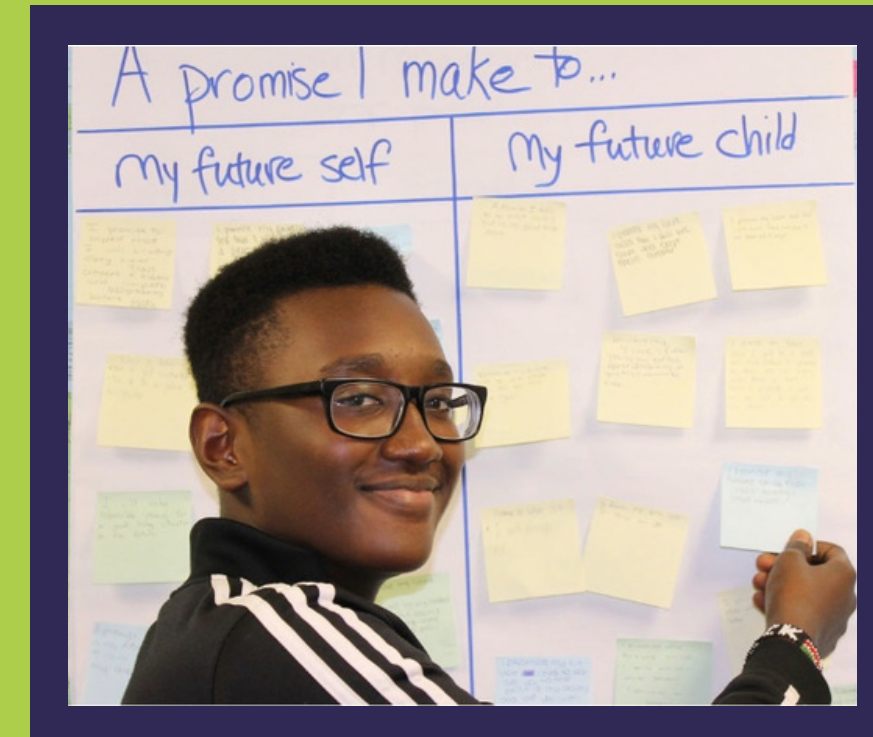
In your workbook, jot down or doodle some of your thoughts and visions about welcoming your baby's arrival into the world.



My thoughts and vision for welcoming my baby's arrival into the world. (Describe in words or pictures)

- Happy
- Healthy 😊
- Prepared

Example from a teen's workbook



“The students were all very engaged and we were able to stay on track with this help of this resource.” - Educator

We embrace diversity, equity, & inclusion!

Your dream of family

4

In this lesson, you will be prompted to envision your goals for your future family in a variety of ways. Then you will be guided to create a plan to realize your goals.

According to the US Health Resources & Services Administration:

A family is a group of two or more persons related by birth, marriage, or adoption who live together.



A family can be:

- Two adults with one or more children
- A single parent with children
- A multi-generational home with extended family members
- An adult couple without children.

- Culture
- Faith
- Gender
- Learning Abilities



Impact on Teens!

"I learned how to care for a child financially, physically, and emotionally. I learned things I never knew about parenting."

Over 9,000 students instructed since 2005.

Over **95% of students** say they will be better prepared to care for a family.

Educators recognize the impact!

**"I have seen first-hand
how ETP's lessons have
helped so many kids
make good decisions."
- Educator**

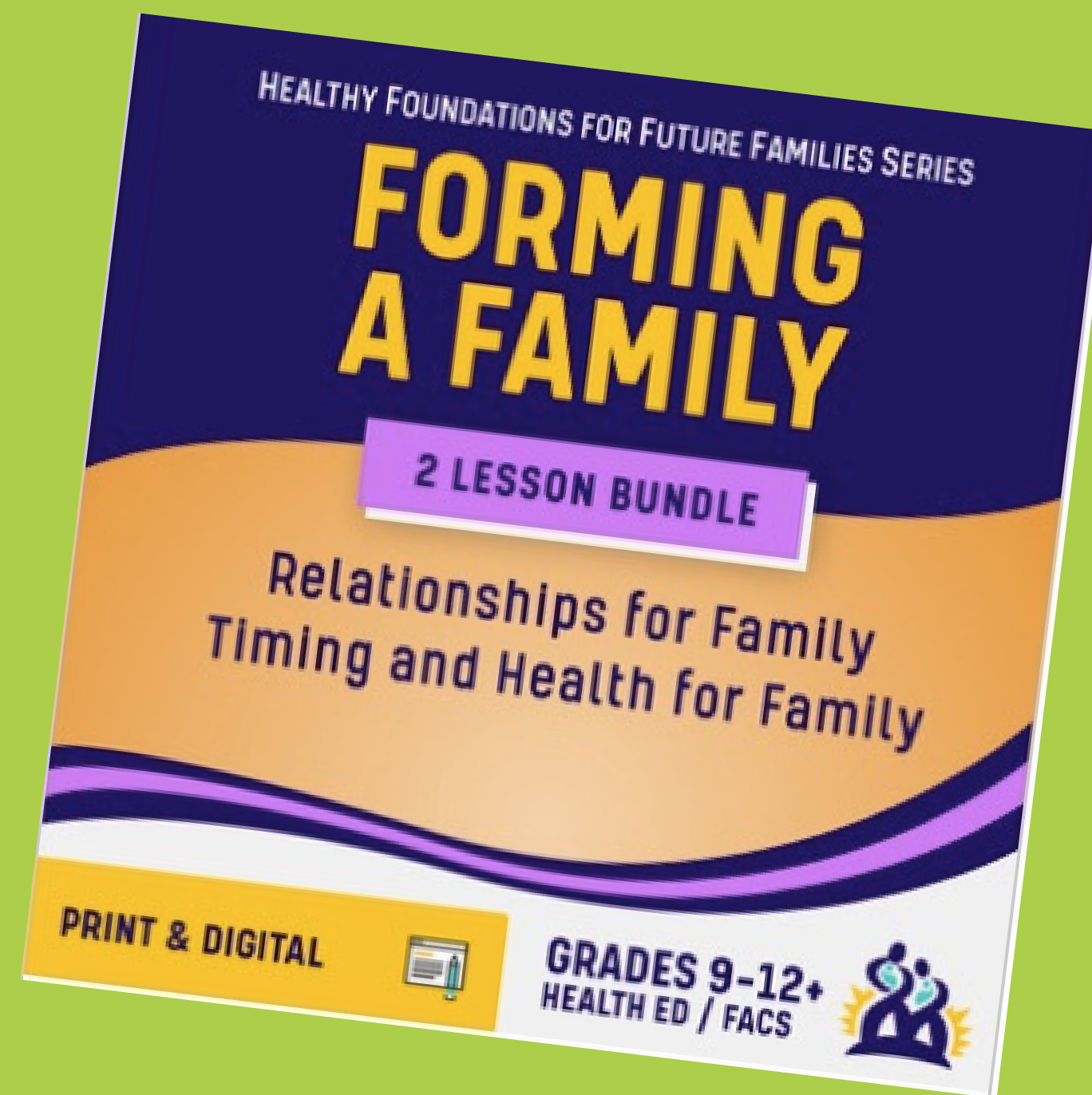




**Educate
Tomorrow's
Parents**

**You will love these
high-quality
instructional materials**

*"It's everything I hoped to
teach and in one lovely
format and useful
presentation."*





Educate Tomorrow's Parents

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and

www.eduparents.org

We'd love to hear from you!