





Dream of Family Lesson Bundle

HEALTHY FOUNDATIONS FOR FUTURE FAMILIES SERIES

THE DREAM OF FAMILY

3 LESSON BUNDLE

Importance of Family
Purpose of Parenting
Goals for Family


PRINT & DIGITAL  GRADES 9-12+
HEALTH ED / FACS 



HEALTHY FOUNDATIONS FOR FUTURE FAMILIES SERIES **1**

Importance of Family


- ★ Lesson Plan
- ★ Lesson Slides
- ★ Interactive Workbook

PRINT & DIGITAL  GRADES 9-12+
HEALTH ED / FACS

HEALTHY FOUNDATIONS FOR FUTURE FAMILIES SERIES **2**

Purpose of Parenting



- ★ Lesson Plan
- ★ Lesson Slides
- ★ Interactive Workbook

PRINT & DIGITAL  GRADES 9-12+
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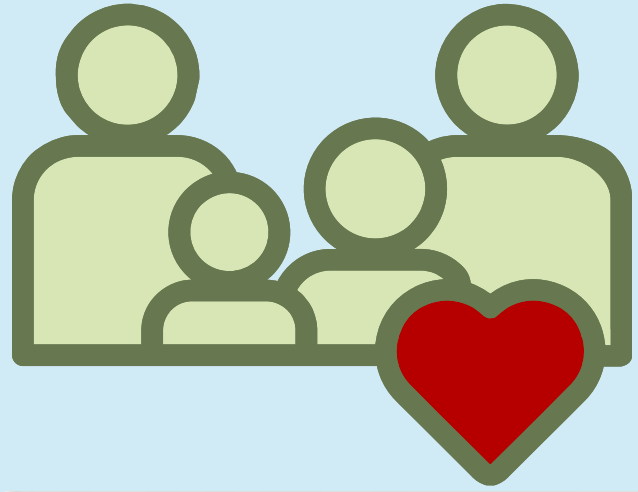
HEALTHY FOUNDATIONS FOR FUTURE FAMILIES SERIES **3**

Goals for Family

- ★ Lesson Plan
- ★ Lesson Slides
- ★ Interactive Workbook

PRINT & DIGITAL  GRADES 9-12+
HEALTH ED / FACS 





Topics Covered

**The Next
Generation
Starts Now**

**Priorities &
Timeline**

**Lessons Learned
from Family**

**Motives in
Parenting**

**Goals for
Family & Home**

**A Map to
Family Goals**

Lesson Materials

The image shows a stack of five documents from the 'Educate Tomorrow's Parents' program. From top to bottom, they are: 1. Instructor Guide for Lesson 3 Goals for Family. 2. Curriculum Correlation with National Education Standards. 3. Lesson 1 Importance - Lesson Plan, which includes an overview and a review section. 4. Lesson 2 Purpose - Workbook, which contains a section on reasons for having a child and a table for rating their importance. 5. A slide titled 'The power of personal goals' with text about self-fulfilling prophecies and a reflection prompt.

← Instructor Guide

← National Standards

← Lesson Plans

← Student Workbooks

← Slides

The power of personal goals

If you've heard the term "self-fulfilling prophecies*," someone was probably describing how fears can create that reality.

For example, if someone fears they will fail, they may give a weak effort or not even try at all -- which guarantees they will end up failing.

Hopes can also be "self-fulfilling prophecies" and they can be just as powerful.

If you imagine a bright future, and if you turn your hopes into goals, you can create a plan that results in success.

* Definition: "Prophecy" = prediction

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Easy to Use!

★ For Teachers ★

Lesson 2 Purpose of Parenting

Lesson Overview

Goals	<p>Students will explore a variety of reasons why people become parents and how they feel about each of them.</p> <p>They will envision the option of not becoming a parent, which reveals additional insights about their motives.</p>
Rationale	<p>By exploring their beliefs and desires around parenthood, students can be more intentional about if, when, and why they become a parent.</p>
Key Message	<p>“Healthy motives for parenting consider the needs of all family members.”</p>

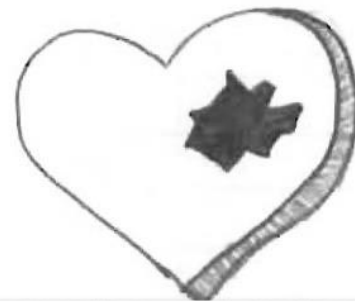
Instructor Guide includes:

Lesson Overviews
Presentation Notes
Expansion Topics
Activities

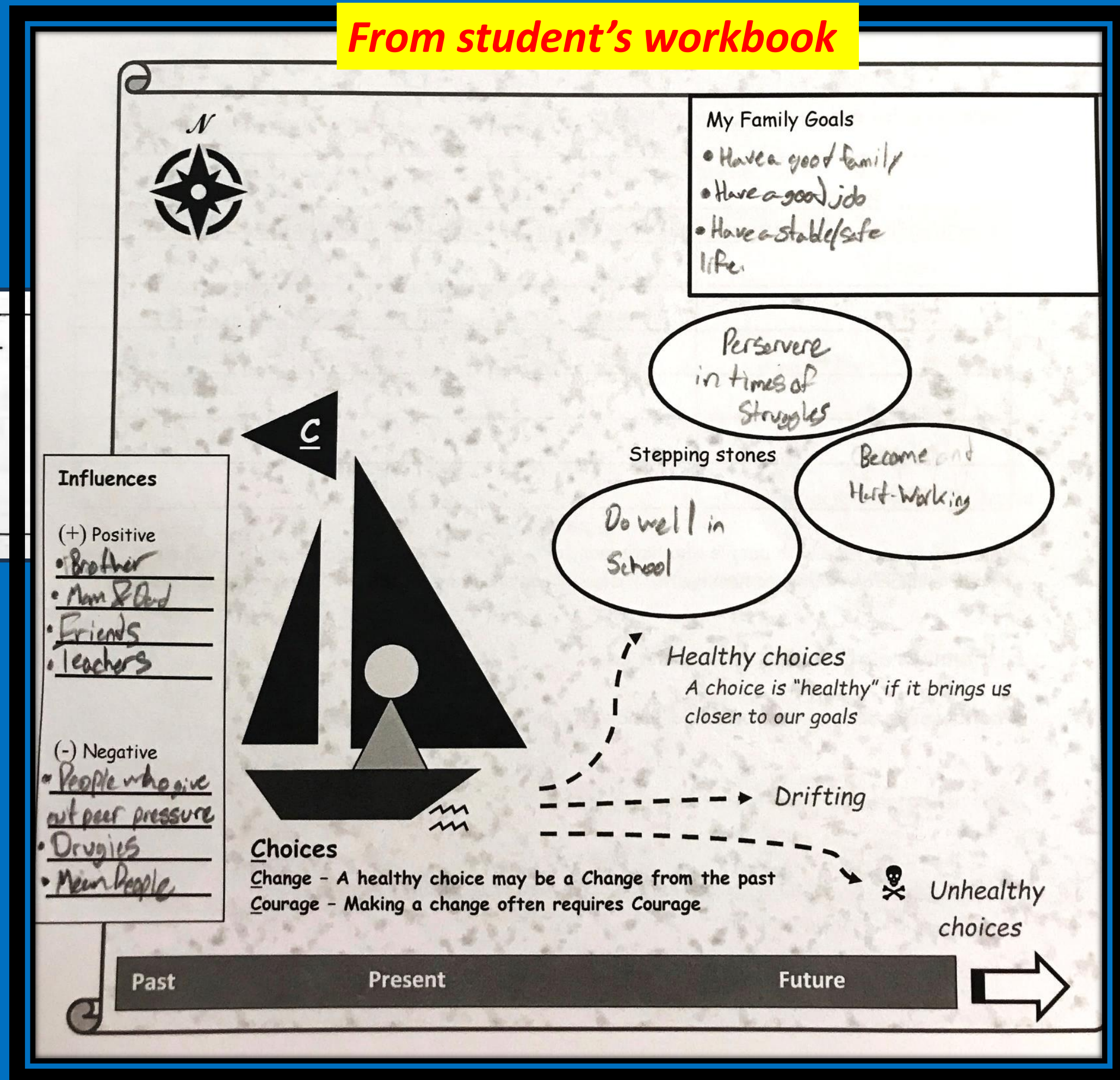
Easy to Use!

★ For Students ★

If I never became a parent, I think I would feel ...



From student's workbook



☆ National Standards ☆

Health Education - and - Family Consumer Science

Meets dozens of Standards!

EXAMPLE

Standard 1.1: Analyze strategies to manage multiple roles and responsibilities.

Content Standards

Competencies

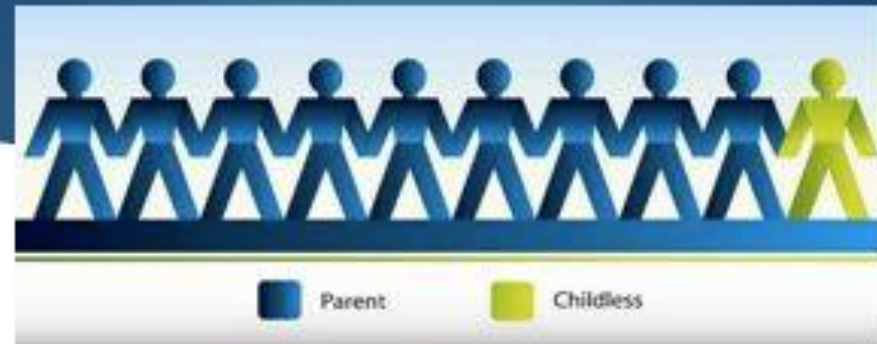
Area of Study 1.0 – Career, Community and Family Connections

1.1 Analyze strategies to manage multiple roles and responsibilities (individual, family, career, community, and global).

1.1.3 Analyze ways that individual career goals can affect the family's capacity to meet goals for all family members.

1.1.4 Analyze potential effects of various career path decisions on balancing work and family.

Current Stats & Facts!



90% of adults become parents

- ▶ 85% become parents through childbirth
- ▶ 5% become parents through step-parent adoption, or foster parenting

Source: US Census Bureau

Fun Fact

Do you know what is the average age when most people in the U.S. have their first child?

▶ **26** years old

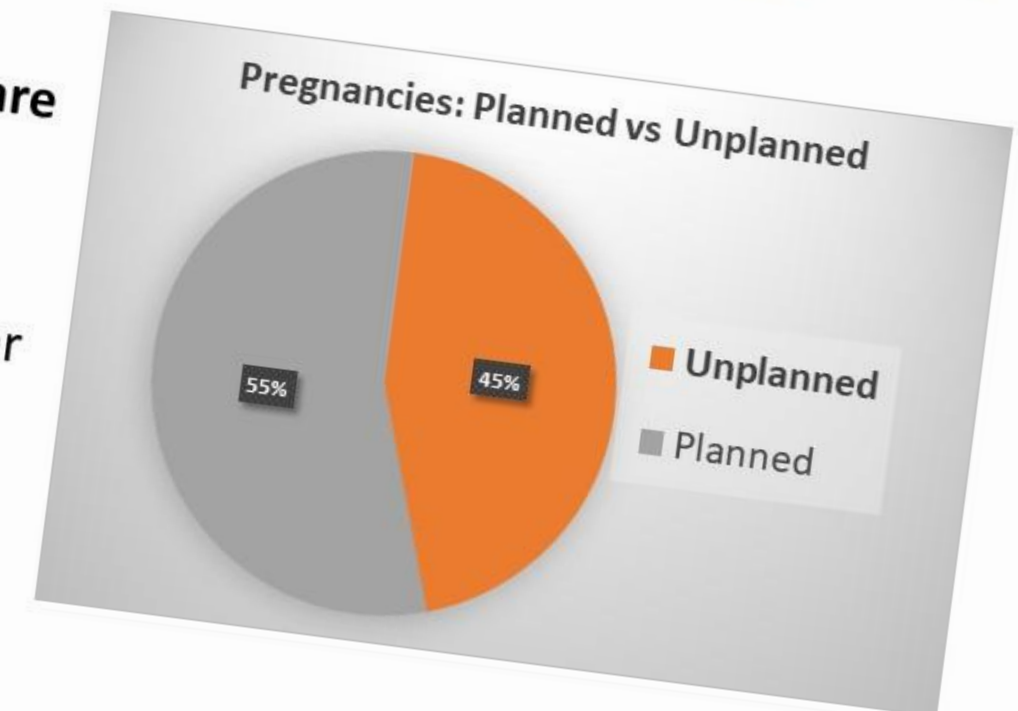
Interesting Fact

7

Did you know ...?
45% of pregnancies are unplanned.

Planned pregnancies generally lead to better circumstances for families because children are a BIG responsibility.

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Great Discussion Questions and Activities!

Example

What are your goals?

10

Stating your hopes as goals can be a powerful first step in realizing your dreams.

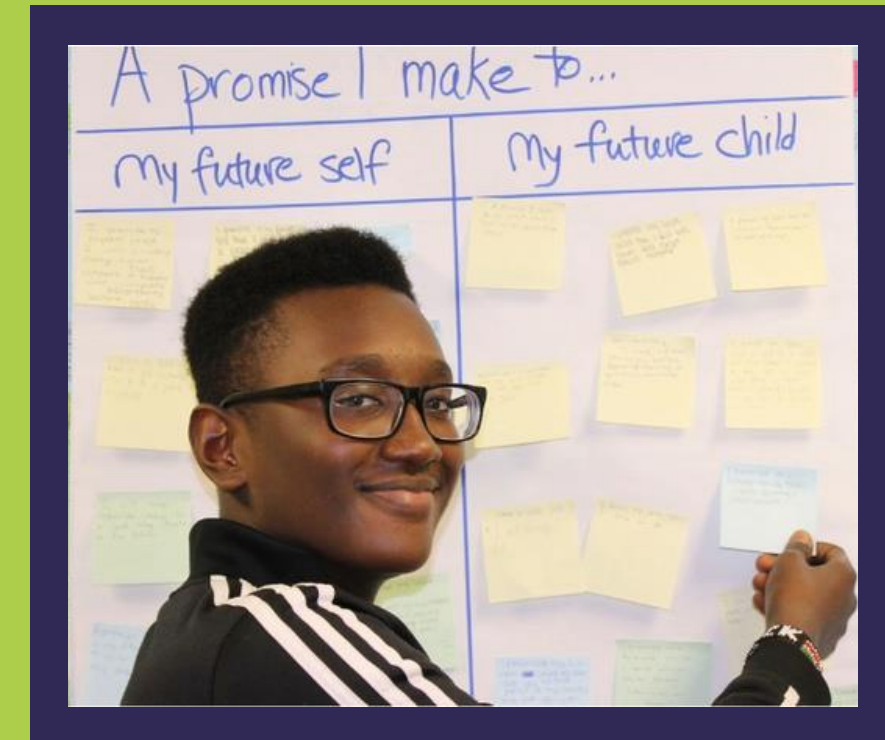
Let's imagine your best possible future ...

- ▶ Goals for yourself as a parent
- ▶ Goals for your child
- ▶ Goals for your family
- ▶ A personal plan to achieve your goals

"A journey of a thousand miles begins with a single step."
Lao Tzu, 6th century B.C.



© Randi Rubenstein, Dec. 2020



"The students were all very engaged and we were able to stay on track with this help of this resource." - Educator

Fully engaging and inclusive

Respecting diversity in:

- Abilities
- Culture
- Gender
- Faith

What's your purpose for parenting? 37

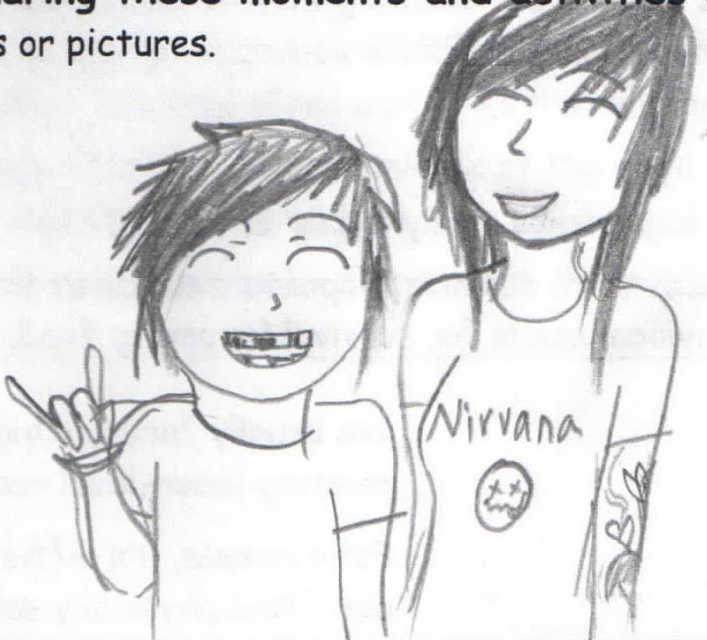
A healthy purpose will ...

- ▶ Address your needs and your child's needs

MLP Workbook – Lesson 2 Purpose
2a. Having a child – Family heritage 23



I look forward to sharing these moments and activities with my future child ...
Describe in words or pictures.



From student's workbook

continue my culture, race, religion”

and heritage are intertwined. Our
, and faith can connect us and

a child the way you were, and hope
traditions, this purpose may be

If you can envision blending different ethnic backgrounds
with a partner, this reason may be less important to you.





Impact on Teens!

Over 27,000 students instructed since 2005.

Over **95% of students** say they will be better prepared to care for a family.

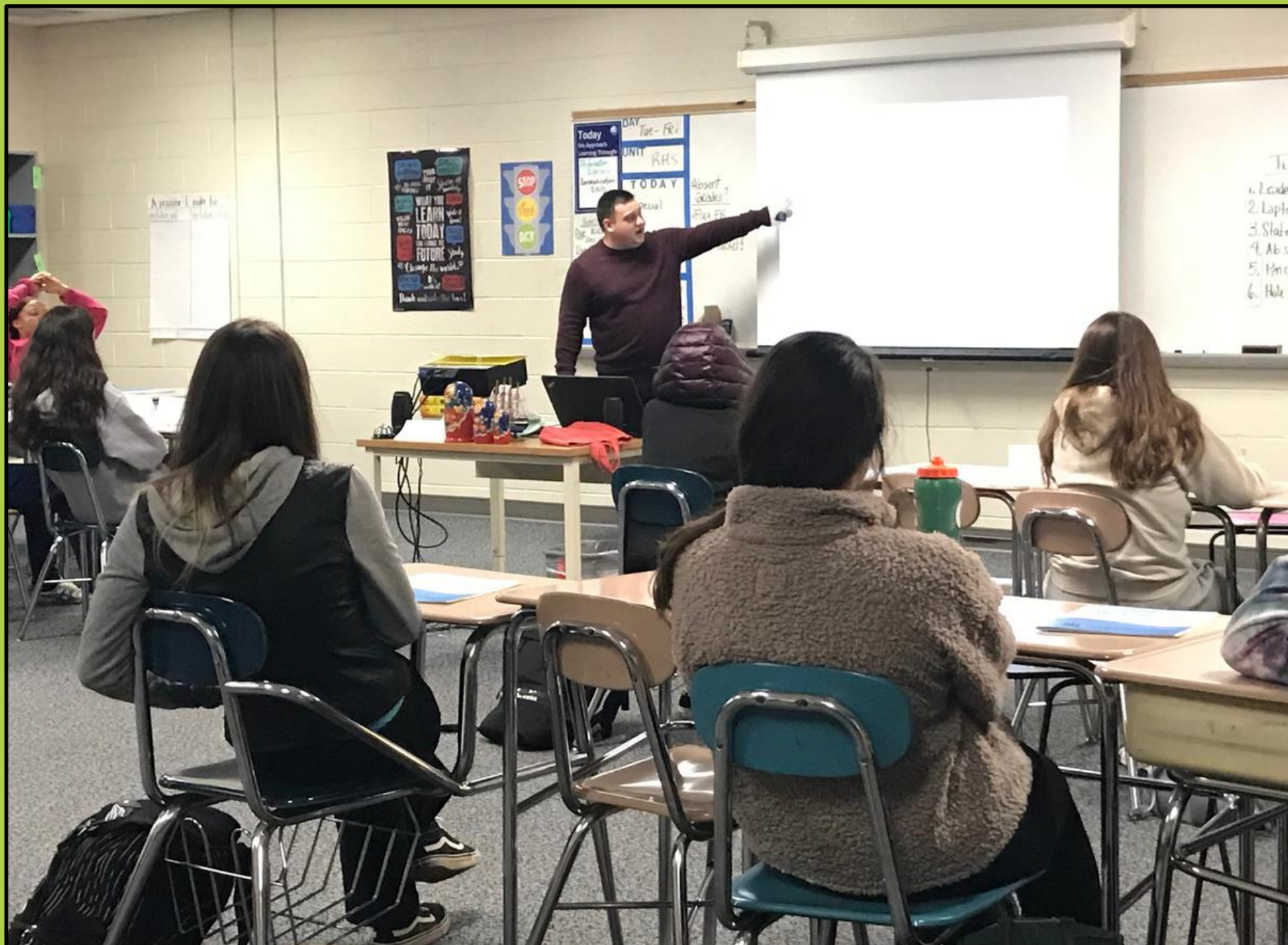
"I learned how to care for a child financially, physically, and emotionally. I learned things I never knew about parenting."

Educators recognize the value!

***"I have seen first-hand
how ETP's lessons have
helped so many kids
make good decisions."
- Educator***



Get it Today, Teach it Tomorrow!



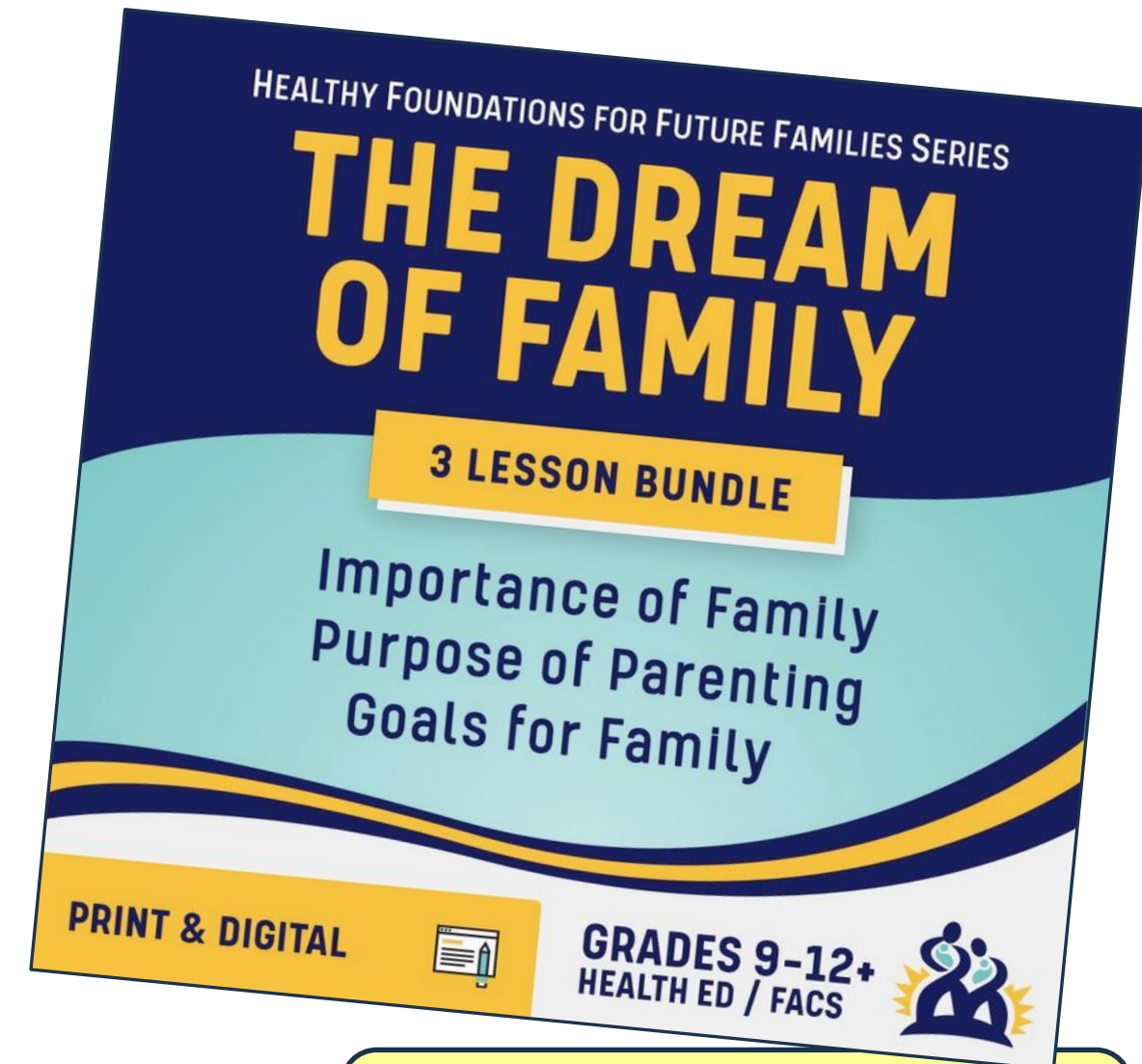
102 slides, 15 workbook pgs

"It's everything I hoped to teach and in one lovely format and useful presentation."

Buy the Bundle!
Save time and money



You will LOVE these high-quality instructional materials!



[Click here](#)

Full link

<https://www.teacherspayteachers.com/Product/Bundle-The-Dream-of-Family-Unit-6936858>

Learn more www.eduparents.org



**Educate
Tomorrow's
Parents**