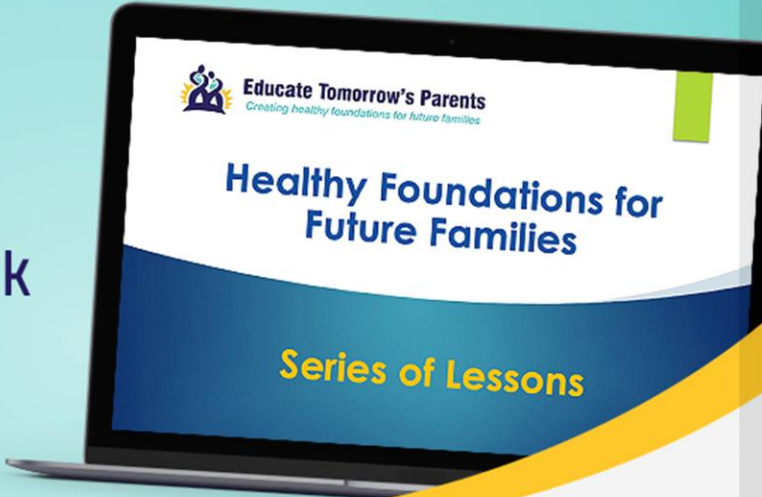






HEALTHY FOUNDATIONS
FOR FUTURE FAMILIES SERIES **2**

Purpose of Parenting

- ★ Lesson Plan
- ★ Lesson Slides
- ★ Interactive Workbook



PRINT & DIGITAL 

GRADES 9-12+
HEALTH ED / FACS 

Purpose of Parenting

Lesson 2

Life priorities, Life lessons, Life planning



Easy to Use!

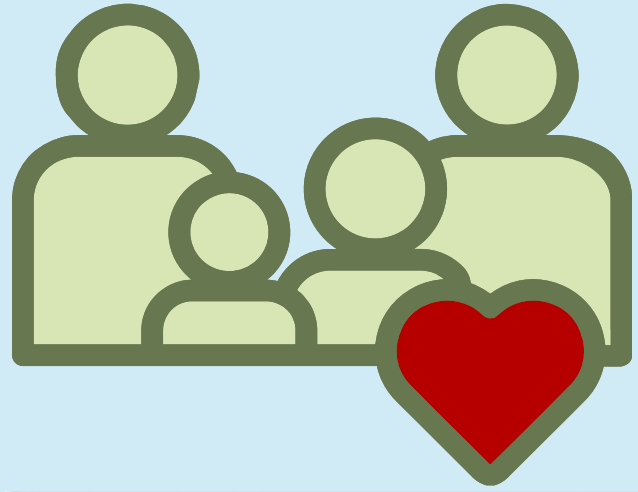
Meets Education Standards

Current Stats & Facts

Great Starter Questions!

Fully Engaging & Inclusive

Meets all your needs!



Topics Covered

**Avenues to
Parenting**

**Why Become
A Parent**

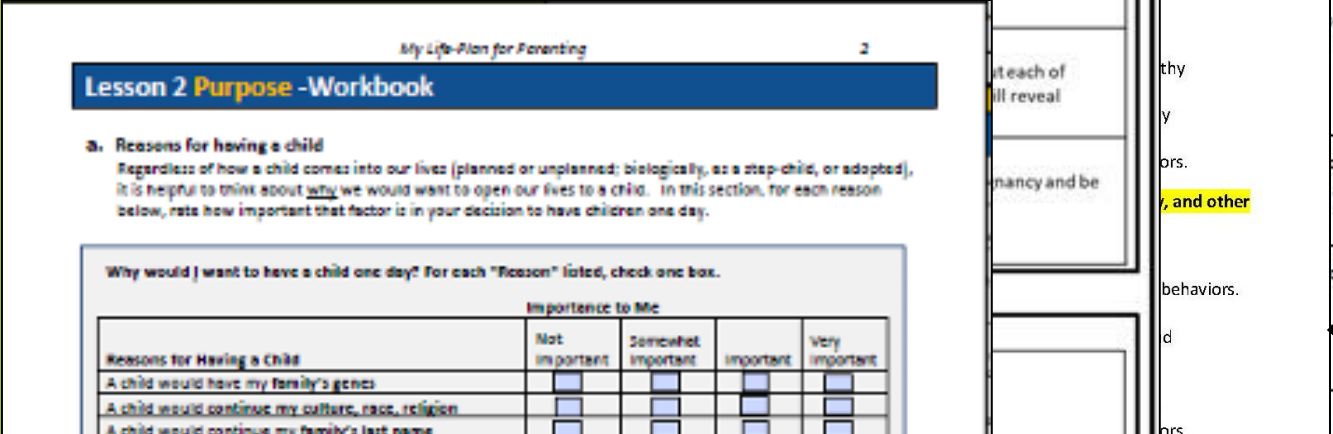
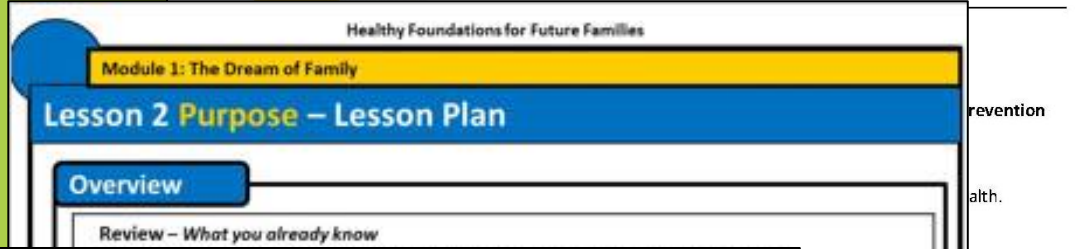
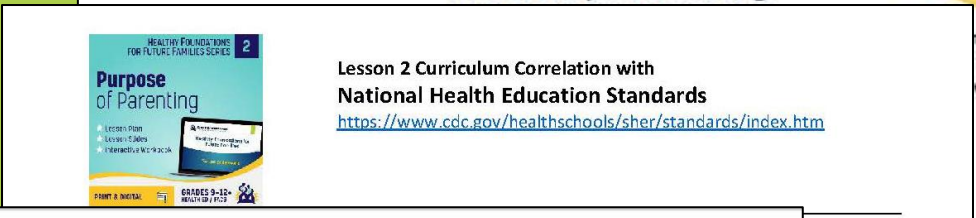
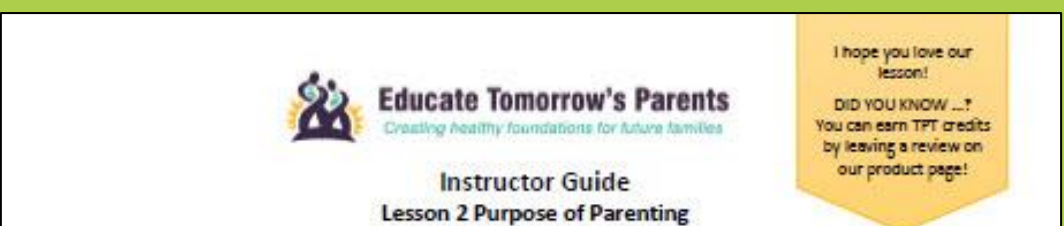
**Unhealthy
Vs.
Healthy Motives**

**The Childfree
Option**

**Belonging
Vs.
Loneliness**

**Your Purpose
in Parenting**

Lesson Materials



MLP Workbook – Lesson 2 Purpose Conclusion

Knowing your purpose in parenting can help you:

- Be more intentional about whether you become a parent
- Understand your motives and realistically assess how a child may or may not improve your life
- Consider the needs of all family members, especially your child, so that together you can create a healthy family

© Randi Rubenstein, February 2023



← Instructor Guide

← National Standards

← Lesson Plans

← Student Workbooks

← Slides

Easy to Use!

★ **For Teachers** ★

Lesson 2 Purpose of Parenting

Lesson Overview

Goals	<p>Students will explore a variety of reasons why people become parents and how they feel about each of them.</p> <p>They will envision the option of not becoming a parent, which reveals additional insights about their motives.</p>
Rationale	<p>By exploring their beliefs and desires around parenthood, students can be more intentional about if, when, and why they become a parent.</p>
Key Message	<p>“Healthy motives for parenting consider the needs of all family members.”</p>

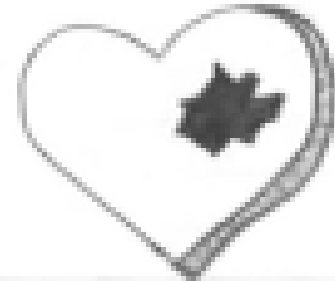
Instructor Guide
includes:

Lesson Overviews
Presentation Notes
Expansion Topics
Activities

Easy to Use!

★ For Students ★

If I never become a parent, I think I would feel ...



From student's workbook

2. Purpose

a. Reasons for having a child

Regardless of how a child comes into our lives (planned or unplanned; biologically, as a step-child, or adopted), it is helpful to think about why we would want to open our lives to a child. In this section, for each reason below, rate how important that factor is in your decision to have children one day.

Why would I want to have a child one day?

Reasons for Having a Child	Importance to Me			
	Not Important	Somewhat Important	Important	Very Important
A child would have my family's genes				✓
A child would continue my culture, race, religion				✓
A child would continue my family's last name				✓
A child could have my first name			✓	
A child would look like me and my partner				✓
My culture/religion expects me to have children			✓	
My family / friends expect me to have children			✓	
People would treat me like an adult	✓			
A child could help around the house	✓			
A child could one day work at our family business		✓		
A child could take care of me when I get old	✓			
My partner wants to have a child			✓	
A child would stop my partner from being with others	✓			
A child would improve our relationship or marriage		✓		
A child would connect me to my partner forever			✓	
I would feel more manly or womanly	✓			
A child would make my life more fun	✓			
I would get a lot of attention	✓			
A child would be my friend and companion				✓
A child would love me unconditionally				✓
I want someone to love			✓	
I want to create a family of my own				✓
I could be a good parent and offer a lot to a child				✓
I want to help a child achieve his/her dreams				✓
I want to give a child a good life				✓
Raising a happy healthy child would be meaningful to me				✓
Other reason:				



☆ National Standards ☆

Health Education *and* Family Consumer Science

Meets dozens of Standards!

EXAMPLE

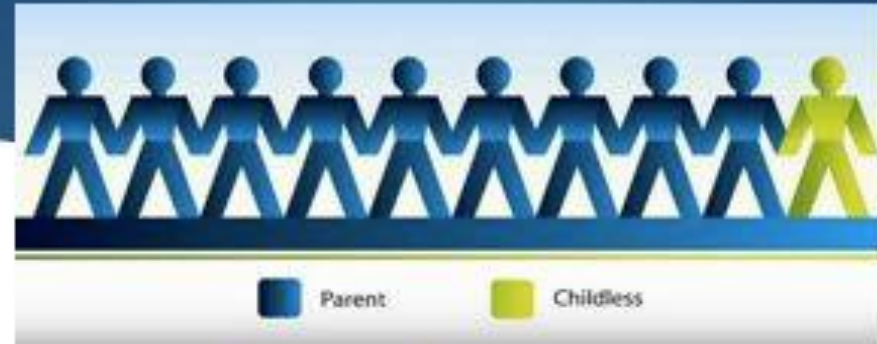
Standard 5.12.2: Determine the value of applying a thoughtful decision-making process in health-related situations.

Standard 5 – Students will demonstrate the ability to use decision-making skills to enhance health.

- 5.12.1 Examine barriers that can hinder healthy decision making.
- 5.12.2 Determine the value of applying a thoughtful decision-making process in health-related situations.
- 5.12.3 Justify when individual or collaborative decision making is appropriate.
- 5.12.4 Generate alternatives to health-related issues or problems.
- 5.12.5 Predict the potential short-term and long-term impact of each alternative on self and others.
- 5.12.6 Defend the healthy choice when making decisions.
- 5.12.7 Evaluate the effectiveness of health-related decisions.

Current Stats & Facts!

26



90% of adults become parents

- ▶ 85% become parents through childbirth
- ▶ 5% become parents through step-parenting, adoption, or foster parenting

Source: US Census Bureau

Fun Fact

Do you know what is the average age when most people in the U.S. have their first child?

▶ **26** years old

7

Interesting Fact

Did you know ...?
45% of pregnancies are unplanned.

Planned pregnancies generally lead to better circumstances for families because children are a BIG responsibility.

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Great Discussion Questions and Activities!

Example

What are your goals? 10

Stating your hopes as goals can be a powerful first step in realizing your dreams.

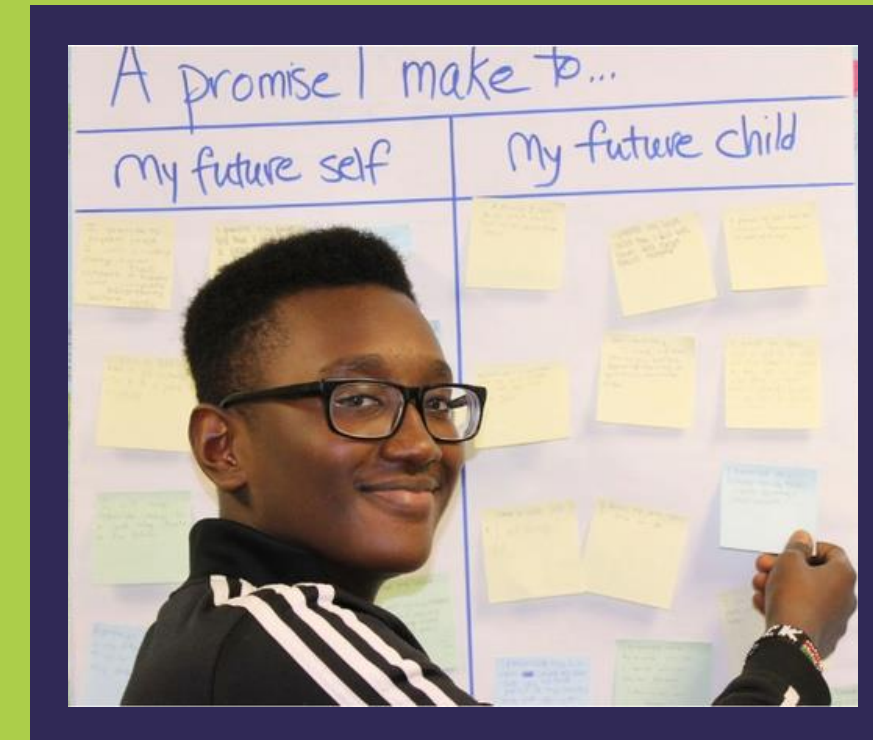
Let's imagine your best possible future ...

- ▶ Goals for yourself as a parent
- ▶ Goals for your child
- ▶ Goals for your family
- ▶ A personal plan to achieve your goals

*"A journey of a thousand miles begins with a single step."
Lao Tzu, 6th century B.C.*



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"The students were all very engaged and we were able to stay on track with this help of this resource." - Educator

Fully engaging and inclusive

Respecting diversity in:

- Abilities
- Culture
- Gender
- Faith

What's your purpose for parenting? 37

A healthy purpose will ...

MLP Workbook – Lesson 2 Purpose
2a. Having a child – Family heritage 23



If I never became a parent, I think I would feel ... *sad upset*
that I will never see my *blood running*
or saying "I love you MOM"

From student's workbook


...id continue my culture, race, religion"

ly and heritage are intertwined. Our
ids, and faith can connect us and
rt.

se a child the way you were, and hope
r traditions, this purpose may be

important to you.

If you can envision blending different ethnic backgrounds
with a partner, this reason may be less important to you.



Impact on Teens!

Over 27,000 students instructed since 2005.

Over **95% of students** say they will be better prepared to care for a family.

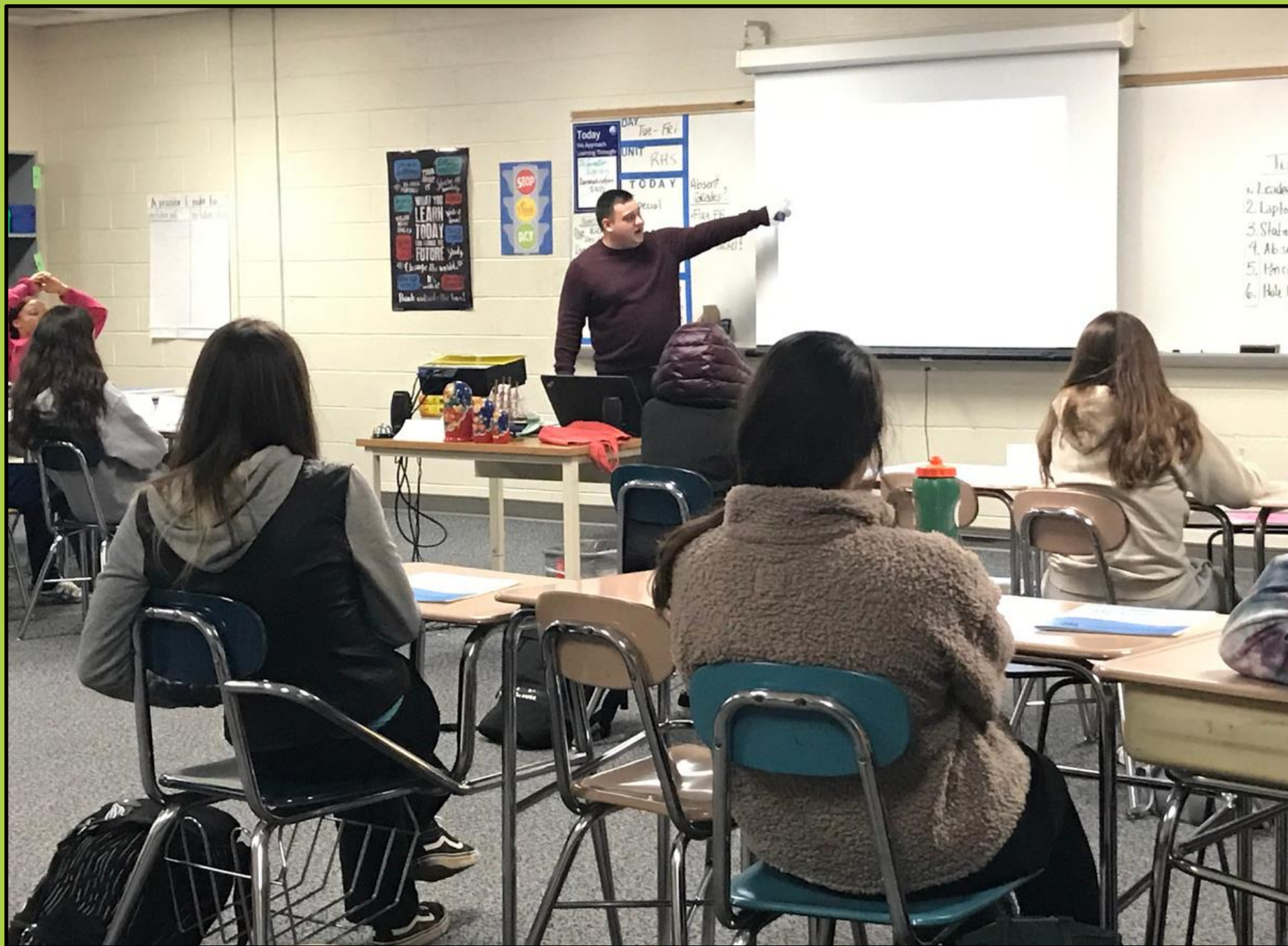
"I learned how to care for a child financially, physically, and emotionally. I learned things I never knew about parenting."

Educators recognize the value!

***"I have seen first-hand
how ETP's lessons have
helped so many kids
make good decisions."
- Educator***



Get it Today, Teach it Tomorrow!



36 slides, 3 workbook pgs

"It's everything I hoped to teach and in one lovely format and useful presentation."

Buy the Lesson!
Save time and energy



You will LOVE these high-quality instructional materials!

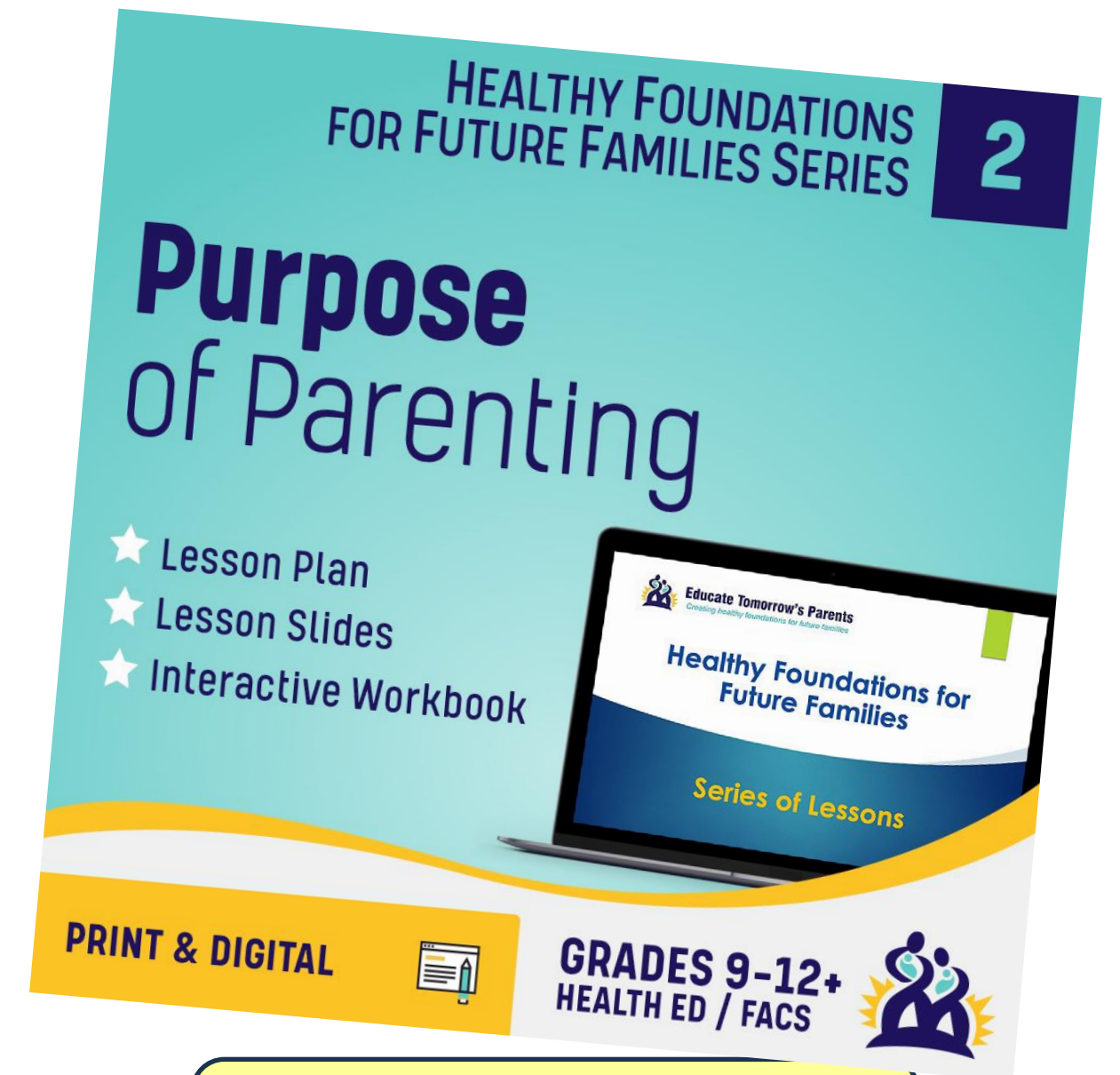
Full link

<https://www.teacherspayteachers.com/Product/Life-Skills-Exploring-Motives-for-Creating-Families-HS-Health-FACS-Lesson2-6280279>

Learn more www.eduparents.org



**Educate
Tomorrow's
Parents**



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