

## SPECIAL OFFER for NC Health & PE Teachers

*"This entire lesson is great!!!  
It's awesome and teaches everything I try to  
in a complete and holistic way. I truly love this lesson." - Teacher*

**Educate Tomorrow's Parents (ETP)** has a **no-cost special offer** for their highly-rated lessons, thanks to a generous donation from the Capital Quilters Guild who held a fundraiser at their Annual Quilt Show.

ETP's lessons are [standards-based](#), low-prep, well documented, inclusive, and interactive.

**Topics** include life-planning, healthy relationships, risk avoidance, preconception health, and self-care.

**Eligibility:** You are eligible if you are an educator in North Carolina and intend to use the materials before the end of 2025. The offer will be good until the funds run out or until December 31, whichever comes first.

### Instructions

1. **Consider one or more of these three lesson products.** To learn more, click on the title. In the bundles, the lessons are free-standing, enabling you to conduct one or all of them.



**[Bundle: The Dream of Family Unit](#) - Lessons 1, 2, 3** - The three lessons included are: Importance of Family, Purpose of Parenting, and Goals for Family.



**[Bundle: Forming a Family Unit](#) – Lessons 4, 5** – The two lessons included are: Relationships for Family, and Timing and Health for Family.



**[Our Needs and Care](#) – Lesson 6** - Exploring Maslow's Hierarchy of Needs in teens' current lives, students build self-care skills and skills to care for a future family.

2. **[Request](#).** < **Complete this Request Form.** A license for your requested lessons will be transferred to you through the TeachersPayTeachers platform. From this platform you will be able to download the lessons, and you will also have ongoing access to future updates.
3. **Download the materials, then Read and Implement.** These are low-prep lessons that can be taught the next day.

**ETP's request of recipients:** After you conduct the lessons, ETP requests that you complete their brief surveys, providing the number of students instructed and feedback, for a report to the donor.

**Any questions?** If you want to know more about the materials or how to tailor a lesson for your students, feel free to contact Randi Rubenstein, Executive Director. Email: [rrubenstein@eduparents.org](mailto:rrubenstein@eduparents.org). **Up to one hour of support is included at no cost.**

Thank you for helping teens plan ahead and build a healthy foundation for our next generation of families!